

## Sewing for All

**Tutor:** Beverley Leon

**Dates:** Wednesday 11/06/25 – 09/07/25

**Times:** 13:30 -16:00

5 weeks

### **Course Information & Teaching Methods;**

This is a practical, general sewing course for absolute beginners.

The course aims to show you all aspects of sewing, including;

- How to choose mark and assess material ready for cutting
- How to cut a pattern and material correctly
- Develop confidence in using a sewing machine
- Teach the required techniques to complete a garment/item simply and correctly

The class is taught by group and one-to-one contact between the student and tutor. Everyone works at their own speed.. The tutor is there to help and give advice.

### **Equipment;**

The Arts and Crafts Centre has a variety of sewing machines available to use, but if you have your own you are welcome to bring it along. You will need to bring the following:

- Scissors, pins, cotton
- Tape measure
- Needles

Fabric can be bought from the following places (when more advanced):

- Fabric World MK Ltd (Bedford Bus Station)
- Ford End Road Shops (for material)
- John Lewis in Milton Keynes or Welwyn Garden City
- Hobby Craft

### **Additional Information;**

Tea, coffee and biscuits are available in the kitchen area, for a small charge.

The classroom will be well ventilated, with open windows, additional layers may be necessary.

### **About the tutor;**

Beverly Leon is an experienced fashion designer, pattern cutter, and machinist, with 44 years in the fashion industry. She gained experience working for various London fashion companies and then became self-employed. Beverly specialises in made to measure garments, creating special occasion wear and various handmade clothing and handmade bags.

*Please adhere to the regulations concerning Personal Protective Equipment & Control of Substances Hazardous to Health (COSHH) and how they apply to the course or accommodation and to any 'Safe System of Work' as advised by your tutor.*

*In addition to the Centre's legal responsibility, students also have the responsibility to take care of the Health and Safety of themselves and others.*