Sewing for All

Tutor: Beverley Leon
Dates: Wednesday 23/04/25 – 21/05/25
Times: 13:30 -16:00
5 weeks

Course Information & Teaching Methods;

This is a practical, general sewing course for all abilities. However, beginners are required to contact the tutor, prior to booking this course.

The course aims to show you all aspects of sewing, including;
- How to choose mark and assess material ready for cutting
- How to cut a pattern and material correctly
- Develop confidence in using a sewing machine
- Teach the required techniques to complete a garment/item simply and correctly

The class is taught by group and one-to-one contact between the student and tutor. Everyone works at their own speed on projects of their own choice. The tutor is there to help and give advice.

Equipment;

The Arts and Crafts Centre has a variety of sewing machines available to use, but if you have your own you are welcome to bring it along.
You will need to bring the following: (consultation on pattern and fabric with the tutor before the first session is available on request)
- Fabric of your choice
- A simple pattern of your choice
- Sewing scissors, pins, cotton
- Tape measure
- Needles

Fabric can be bought from the following places:
- Fabric World MK Ltd (Bedford Bus Station)
- Ford End Road Shops (for material)
- John Lewis in Milton Keynes or Welwyn Garden City
- Hobby Craft

Additional Information;

Tea, coffee and biscuits are available in the kitchen area, for a small charge.
The classroom will be well ventilated, with open windows, additional layers may be necessary.

Please adhere to the regulations concerning Personal Protective Equipment & Control of Substances Hazardous to Health (COSHH) and how they apply to the course or accommodation and to any 'Safe System of Work' as advised by your tutor.
In addition to the Centre's legal responsibility, students also have the responsibility to take care of the Health and Safety of themselves and others.